



Brittan Elementary School District



Heather Azevedo
Superintendent/Principal

WELLNESS COMMITTEE

The Brittan School District Health and Wellness Committee provides recommendations and guidance to the Administration on issues related to school wellness, including:

- Student nutrition and food services;
- Physical activity and walk to school/safe routes programs;
- Staff wellness and professional development in health;
- Health-related and school environment-related issues, activities, policies, and programs.
- Physical education, health education, and nutrition education;
- Student health and well-being and nursing services;
- Parent involvement in school wellness;

The committee helps recommend strategies and as possible assists with implementation, monitoring, reviewing and revising school wellness policies.

The committee is comprised of the following:

- Superintendent;
- Coordinator of School Nutrition;
- Brittan Governing Board;
- Brittan School Site Council (parents, certificated staff, classified staff and local health professionals)

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<https://www.brittan.k12.ca.us/>

IT'S A GREAT DAY TO BE A BEAR

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